

METROPOLITAN PERFORMING ARTS SEASON 13

# THE POWER WITHIN

## Weekly Class Schedule



2022-23

**MPA**  
METROPOLITAN PERFORMING ARTS

[metropolitanperformingarts.org](http://metropolitanperformingarts.org)  
6403 E. Mill Plain Blvd, Vancouver, WA 98661

# Welcome

## to Metropolitan Performing Arts 13th Season Theatre Classes!

Our mission is to enrich our community by nurturing a lifelong passion and appreciation for live arts through education and performance opportunities. We do this through; involving, cultivating, nurturing and enhancing.

Our vision is to be a home where everyone is seen, heard, and valued through theater and live arts.

At MPA we allow each student to realize and reach their creative potential. We offer both technique and performance driven classes. All classes are taught by professional artists with experience and training in their field.



# Our Classes

At MPA we offer two types of classes:

**Performance-Based Classes** result in a performance at the culmination of the term and are only available for enrollment before classes begin. These classes include our Off Broadway and Broadway Jr. series. Parents are requested for volunteer hours during productions for Broadway Jr. and Mainstage shows. Tuition rates are found on pages 4 and 5.

**Open Enrollment Classes** are available for student placement at any time and offer convenient month-to-month billing. We kindly ask for one month's notice before cancellation or class transfer.

## MONTHLY TUITION PRICES

10% discount when enrolling in 3 or more classes.

10% siblings discount when enrolling more than one child.

Technique Class Drop-In: \$20/1 hr class

## Open Enrollment Class Monthly Tuition

SEPTEMBER **\$60**

JANUARY **\$45**

MAY **\$60**

OCTOBER **\$60**

FEBRUARY **\$60**

JUNE **\$15**

NOVEMBER **\$45**

MARCH **\$45**

DECEMBER **\$30**

APRIL **\$30**

Tuition is due on the 1st of each month and may be paid by auto payment, check, or credit card. Monthly and biannual payment options are available. A \$25.00 late fee will be reflected for all payments made after the 15th of each month. Refunds and/or credits may be provided in extenuating circumstances (ie: serious medical issues, relocation, etc.).

Technique classes may be added, changed, or dropped prior to the first week of the coming month by filling out an Add/Drop form available in the lobby. If dropping a class, charges will accrue until the Add/Drop form is received. We are unable to refund classes mid-month.

At MPA we also offer **Private Lessons with our theatre professionals.**

## PRIVATE LESSONS RATES

30 minutes - \$30 / per lesson

45 minutes - \$45 / per lesson

60 minutes - \$60 / per lesson

# Performance-Based Classes

## Off-Broadway

MON 5:30–7:30pm

This fast-paced and fun performance class gives students the opportunity to work on the three essential disciplines that make up musical theater- singing, dancing and acting. Students will rotate through rehearsal focused classes in groups of same aged peers. Each group will learn at least one dance, one song and one scene, ending in a final showcase. Showcases at the end of the session are always free for family and friends! We recommend beginning/intermediate students who want to perform musical theater but don't necessarily have the time to commit to a main stage show to enroll in this class.

### Off Broadway Open Enrollment Periods:

**Selections from Hercules** Showcase enroll by Sept 5th, 2022

Showcase: Nov. 21st at 6pm; Nov. 22nd at 6pm & 7:30pm

**Selections from Princess Bride** Showcase enroll by January 9th, 2023

Showcase: March 27, 28 & 29 at 6pm

*Classes between and after showcases focus on musical theater performance techniques.*

### Off-Broadway Monthly Class Tuition

SEPTEMBER **\$144**

JANUARY **\$108**

MAY **\$120**

OCTOBER **\$144**

FEBRUARY **\$144**

JUNE **\$30**

NOVEMBER **\$108**

MARCH **\$108**

DECEMBER **\$60**

APRIL **\$60**

## Teen Conservatory

WED 5:45–7:15pm, Spring Term: WED 5:45–8:30pm

Teen Conservatory is a year long acting class for highly committed students. Students will meet once a week exploring the techniques needed towards becoming a professional actor. In the spring, students who have been in the class may audition for the teen play, a practical that ends in a weekend run of a contemporary or classic play. This Company is actor-forward with emphasis on the ACTING. Intermediate/Advanced students who want to challenge themselves and put in the work are encouraged to enroll.

### 90 Min. Monthly Class Tuition: Conservatory & Character Development (page 7)

SEPTEMBER **\$90**

JANUARY **\$45**

MAY **\$90**

OCTOBER **\$90**

FEBRUARY **\$90**

JUNE **\$22.50**

NOVEMBER **\$90**

MARCH **\$90**

+ **\$150 show fee** for those cast in *Antigone*

DECEMBER **\$45**

APRIL **\$45**

# Broadway Jr.

SAT 9am–12pm

This fast-paced and fun performance class is both a class and rehearsal all in one! Beginning actors can experience the ins and outs of acting, rehearsing for and performing a fully staged play or musical. Time is spent each week exploring acting techniques as well as rehearsing. Performances at the end of the session are always free for family and friends! We recommend first-time students who want to perform on stage to enroll in this program.

## Broadway Jr. Open Enrollment Periods:



### ***The Addams Family: Younger@Part***

Enroll by September 10th

Performances:

Nov. 19th at 11am & 2pm; Nov. 20th at 2pm.



### ***Disney's Frozen: Kids***

Enroll by January 7, 2023.

Performances:

March 25th at 11am & 2pm; March 26th at 2pm.



### ***The Ugly Duckling***

Enroll by April 15, 2023.

Performances:

June 10th at 11am & 2pm; June 11th at 2pm.

*Classes between and after performances focus on performance and acting techniques.*

## Broadway Jr. Monthly Class Tuition

SEPTEMBER **\$216**

JANUARY **\$216**

MAY **\$216**

OCTOBER **\$216**

FEBRUARY **\$216**

JUNE **\$54**

NOVEMBER **\$108**

MARCH **\$108**

DECEMBER **\$135**

APRIL **\$108**

# Open-Enrollment Classes

## Technique Classes

At MPA we provide the opportunity for young people to become accomplished musical theater performers. Students enrolled in one acting, one movement and one music technique driven class are guaranteed casting in our main stage show. The development of both technique and performance skills are vital to becoming a triple threat.

Students enrolled in one technique driven class may audition for mainstage shows but are not guaranteed casting.

## Acting

### **Acting I TUE 4:15–5:15pm**

This fun and supportive class is the first step to understanding what acting is all about! Through the use of theater games, storytelling and role-playing, students will stretch their imaginations and discover the endless creativity within themselves. Students can and should take this as many times as they want.

### **Acting II TUE 6:30–7:30pm**

Learn the fundamentals of acting in a fun, supportive and creative atmosphere. Through theater games and improvisation, students concentrate on the basics of acting: the who, where, why, how, objectives and tactics. Students will then apply these concepts to table work, scene study and monologues. Students can and should take this as many times as they want.

### **Improv I (Short Form) TUE 5:15–6:15pm, SEPT–JAN**

Through in class exercises, games, practice, and instructor feedback, students will explore Short-form improvisation. Focus will be working on physical, verbal, and short form game improv. Goals of the class are improving speed, listening skills, story, and teamwork. Students will be challenged to think quickly and create a scene with partners or in a large group. Class will also consist of warm-up exercises to help with nervousness, self-confidence and imagination and specific physical and verbal games to help timing and creativity. There is no prerequisite and this class may be retaken as many time as you want!

### **Improv II (Long Form) TUE 5:15–6:15pm, FEB–JUNE**

Through in class exercises, games, practice and instructor feedback, students will explore Long-form improvisation. Focus will be on working physical, verbal,

and long-form game improv. Goals of the class are improving speed, listening skills, story, and teamwork. Students will be challenged to think quickly and create a scene with partners or in a large group. Class will also consist of warm-up exercises to help with nervousness, self-confidence and imagination and specific physical and verbal games to help timing and creativity. This class can be retaken as many times as you want!

### **Character Development through Adventure Role-Play**

**WED 5:30–7pm**

Develop a character from the ground up through roleplaying. This class aims to explore the emotional development of a character, improvisation, voice acting, problem-solving, and unsurprisingly roleplaying! Stimulate the imagination and level up your acting.

### **Private Acting Lessons**

If you want to work on monologues or dive more in depth into character development, one-on-one lessons is for you. Work with a coach to perfect your audition skills or to work on a specific acting technique, ie dialect. Your coach will serve as an honest, constructive voice on how you can improve your acting skills. Lessons are for ages 9 through adults!

## **Music**

### **Music I (Piano Lab) TUE 6:30–7:30pm**

Through in-class exercises and piano studies, students will learn piano skills, music theory, sight reading, and musicianship to help advance their musicality. Students will be introduced to basic piano and musical theory or be able to continue their piano skills and advance their music theory and sight reading. A fun, engaging way to learn piano in a group setting. Each student should bring their own earphones (aux cord not bluetooth), a three ring binder, two pencils, and any handouts each class. No prerequisite.

### **Music II (Choir) TUE 4:15–5:15pm**

Through a choral setting, students will learn different songs throughout the year. They will use warmups, in-class exercises, song study, and games to explore vocal techniques, music theory, sight singing, and musicianship to help advance their musicality. Students will be challenged to create harmony, advance their music theory and sight singing (to their next level). Students will sing what they have been working on at the vocal showcase at the end of year, always free for friends and family! Students will need a folder, water bottle, two pencils and any handouts for each class.

# Open-Enrollment Classes

## Private Vocal Lessons

Weekly one-on-one half-hour or hour private lessons working on the fundamentals of good singing, including proper breath, support, posture, correct tone, placement of sound, vocal range and breaks, projection, endurance and vocal control. Private lessons help students gain skill and confidence as a solo singer. Whether you plan on singing in a musical, at church, in choir or star in your own YouTube channel lessons take your voice to the next level! For beginner, intermediate or advanced, ages nine through adults. *If younger than nine and interested in private lessons, please call the studio for a conversation.*

## Private Piano Lessons

Learn how to play the piano in a structured environment covering your needs as a pianist. Weekly one-on-one half hour or hour lessons cover proper piano technique, music counting, theory, good hand and finger position, scales, technical warm-ups, interpretation and ways to practice effectively. Whether you want to play Disney Hits, classic rock or Mozart, private lessons help students gain skill and confidence in a musical instrument. Lessons are for all ages! Students should have access to a piano to practice on at home.

## Private Guitar Lessons

Beginner level guitar (Acoustic/Electric) lessons focus on finger placement, strumming, sight-reading, understanding groove, and chord placement. Students will learn to care for their instruments as well as tuning the guitar. From classic rock to current music, guitar lessons are sure to be exciting! Lessons are for all ages! Students should have access to a guitar to practice on at home.

## Dance

### Tap I TUE 4:15–5:15pm

A beginning tap class designed to develop rhythm, style, and sound. Exercises focus on building flexibility of the knee and ankles, coordination, and speed of movement. The class emphasis is on developing proper tap techniques and producing clear tap sounds. Students will need to take this class several times and pass a placement test before moving on to Tap II.

### Tap II TUE 5:15–6:15pm

An intermediate tap class designed to develop rhythm, style, and sound. Exercises focus on building flexibility of the knee and ankles, coordination, and speed of movement. The class emphasis is on developing proper tap

techniques and producing clear tap sounds. Students will need to take this class several times and pass a placement test before moving to Tap III.

### **Tap III (Adult/Teen) TUE 6:30–7:30pm**

An advanced tap class designed to develop rhythm, style, and sound. Exercises focus on building flexibility of the knee and ankles, coordination, and speed of movement. Emphasis is on developing proper tap techniques and producing clear tap sounds. This class should be retaken several times.

### **Jazz I WED 5–6pm**

Students will learn the fundamentals of jazz technique such as isolation of the body, improving performance quality and developing complex rhythms and patterns. Classes include proper warm ups, stretches, isolation's, across-the-floor progressions, combinations and choreography. No previous experience necessary.

### **Jazz II WED 6:15–7:15pm**

Students will expand on the fundamentals of jazz technique such as isolation of the body, improving performance quality and developing complex rhythms and patterns. Classes include proper warm ups, stretches, isolation's, across-the-floor progressions, combinations and choreography.

### **Jazz III (Adult/Teen) WED 7:30–8:30pm**

Students will expand on the fundamentals of jazz technique such as isolation of the body, improving performance quality and developing complex rhythms and patterns. Classes include proper warm ups, stretches, isolation's, across-the-floor progressions, combinations and choreography.

### **Broadway Movement (Adult/Teen) MON 7:30–8:30pm**

Students will focus on proper dance techniques, while exploring various dance styles such as learning Broadway numbers, across the floor exercises and a high heel how-to class! This fast-paced and fun dance class focuses on building confidence as a performer and developing knowledge of all dance types.

### **Private Dance Lessons**

Work with a dance instructor to really focus on a dance skill set or learn a new style of dance. Whether it be tap, jazz, conditioning or something else, lessons help students to perfect their skills. Learn tap to get that role, get your stamina up to sing and dance a difficult number, use the time for audition prep or to work on a college audition choreography. Personalized lessons help you focus on the skills you need to be successful. Lessons are for all ages!

# Open-Enrollment Classes

## Speciality

### **Directing (Adult/Teen) TUE 5:15–6:15pm**

Students should have completed Acting 2 and Basic Theater Tech. This year-long class will focus on script analysis, creating movement, history of the director, types of staging, stages and communication. Students will be challenged to take a text and create a world of the play, blocking, and design. Through in-class exercises, practice, instructor and peer feedback, students will actively direct a 10-minute play that will be performed towards the end of the year. Students will learn how to run rehearsals; production meetings; communicate with actors, a design team, and blocking. This class may be retaken many times!

### **Stage Combat I (ages 10 and up) SAT 10–11am**

Stage Combat class is back in full swing! Pun intended. Learn to punch, kick, fall and fight with partners. Learn basic skills with broadswords and quarterstaves. Even if you have taken a stage combat class before, this course will brush up your skills, learn new weapons, and have you pratfalling like a pro. Punches, Kicks, Slaps, Knaps, Falls, Blocks, Chokes, Evasions, Hair Pulls, Elbow Strikes, Pushes, in addition to broadsword attacks/defense moves and quarterstaff attack/defense moves. Students will work on choreographed fights with partners and develop the skills needed to really sell a fight on stage.

### **Stage Combat II (ages 10 and up) SAT 11am–12pm**

If you have had Stage Combat I or want to take both classes concurrently to develop additional weapons skills, this class is for you. Dive into Rapier and Dagger fighting while learning footwork, parry, thrust and much more. Work in teams to create and perfect your sword fighting skills. Classes will consist of training with weapons, working on technique, and selling the fight on stage.

### **New Play Development (Adult/Teen) MON 5:30–7pm**

In this class students will delve into the world of play writing. Students will learn basic skills in developing their own texts (scripts) with each other. They will have the opportunity to be the playwrights, the directors, and the actors. It's a fantastic creative outlet for those wanting to see their imaginations come to life on stage. At the end of term we will showcase the works of the students in a staged reading for parents and guardians. This 90-minute class is priced the same at the Teen Conservatory on page 4.

### **Cirque Nouveau WED 4:15–5:15pm**

Step right up to our newest program at MPA. Cirque Nouveau class lets you bring out your inner trapeze artist. You will learn aerial silks, tight rope walking, acrobatics, and clowning techniques. Come soar through the theater and learn a new and fun skill set!

### **Makeup Design MON 4:15–5:15pm**

Want to learn how to transform a face into something completely new? Learn to successfully apply stage makeup designs for a variety of characters including different eras in history, glamor, horror, fantasy, and many more. They will use their creativity to make their own designs and then learn how to apply these techniques on their own face. They will also get a chance to work with wigs and facial hair. This class will have a makeup kit that needs to be purchased and various smaller needs depending on the students' projects throughout the year. Information about the kits will be available after the student is enrolled.

### **Basic Theatre Tech WED 7:15–8:15pm**

Learn all about the backstage world of the theater. Students will cover the basics of set design, scene painting, costume design, lighting design, props design, sound design, and stage management. Students will learn and create a prop, costume plot, basic tool safety skills, color spectrum for lights, create a sound effect, to take blocking notes, and much more. This is an entry level class to start in the MPA tech certificate program, but requires one year of a performance class.

### **Tech Certificate Program**

A Technical Theater training program. Students signed up for this program will have completed Basic Theatre Tech. Students will meet twice a month with the tech teacher to discuss their focus, what they have learned, and guidance in their field of interest. They will pick a focus for the next show and will shadow the show's professional designer. Each student should have two credits (shows worked) in each technical theatre focus, plus 3 additional credits of either Sound, Lights, Set/Scenic/Projections, Costumes, Stage Management, or Props. After completing a design shadow, students can apply to design their own Broadway Jr. or Off Broadway showcase. After 12 credits are completed (up to 5 credits a year are available), they can then choose to specialize in a particular area for their remaining 3 credits. The program is completed when a student has 15 credits and will then 'graduate' with their Technical Theatre Certificate. This program looks great on a resume.

# Calendar

## MONDAY

MUSIC ROOM	GREEN ROOM	THEATRE	DANCE STUDIO
<b>3–5:30pm</b> Private Lessons	<b>4:15–5:15pm</b> Make-up Design	<b>5:30–7:30pm</b> Off Broadway	<b>4–5:30pm</b> Private Lessons
<b>5:30–7:30pm</b> Off Broadway	<b>5:30–7pm</b> New Play Development		<b>5:30–7:30pm</b> Off Broadway
			<b>7:30–8:30pm</b> Broadway Movement

## TUESDAY

MUSIC ROOM	GREEN ROOM	THEATRE	DANCE STUDIO
<b>3–5:30pm</b> Private Lessons	<b>5:15–6:15pm</b> Directing	<b>4:15–5:15pm</b> Acting I	<b>4:15–5:15pm</b> Tap I
<b>4:15–5:15pm</b> Music II		<b>5:15–6:15pm</b> Improv I, Sept–Jan Improv II, Feb–June	<b>5:15–6:15pm</b> Tap II
<b>5:15–6:15pm</b> Private Lessons		<b>6:30–7:30pm</b> Acting II	<b>6:30–7:30pm</b> Tap III
<b>6:30–7:30pm</b> Music I			

## WEDNESDAY

MUSIC ROOM	GREEN ROOM	THEATRE	DANCE STUDIO
<b>3–7:30pm</b> Private Lessons	<b>5:30–7pm</b> Character Development Through Adventure Role Play	<b>4:15–5:15pm</b> Cirque Nouveau	<b>5–6pm</b> Jazz I
	<b>7:15–8:15pm</b> Basic Theatre Tech	<b>5:45–7:15pm</b> Teen Conservatory	<b>6:15–7:15pm</b> Jazz II
		<b>5:45–8:30pm (Spring Term)</b> Teen Conservatory	<b>7:30–8:30pm</b> Jazz III

## SATURDAY

MUSIC ROOM	GREEN ROOM	THEATRE	DANCE STUDIO
<b>9am–12pm</b> Broadway Jr.		<b>9am–12pm</b> Broadway Jr.	<b>10–11am</b> Stage Combat I
			<b>11am–12pm</b> Stage Combat II